

Title of the abstract: Nuna Teaches: The Kangaroo Baby Carings a Challenge of Place and Time

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Nuna Teaches: The Kangaroo Baby Carings a Challenge of Place and Time

Introduction: The Kangaroo Mother Program emerged in 1978 at Instituto Materno Infantil (Bogotá Colombia) and the nurses have not stopped caring for families and kangaroo infants with care, passion and professionalism. And today when we are in the digital age, creating tools of Communication and Information Technology is an option to solve economic barriers and immediate access

Keywords: video, premature newborn, low birth weight, nursing care. (DeCS)

Objective: This study was conducted to innovate through the production of an audiovisual work to teach kangaroo families how to care for the premature newborn at home.

Materials and method: Based on a review of literature and the experience, the script for the video is written, designed and created with an interdisciplinary team. The research project was funded by Universidad Nacional de Colombia previous ethical endorsement.

Results: Nuna teaches; kangaroo position, diaper change, positions for breastfeeding, preservation of the milk, encourages family participation, respects cultural care and invites caregivers to attend to Ambulatory Kangaroo Care.

Conclusion:“NUNA TEACHES: THE KANGAROO BABY CARINGS “ is an animated video, with a musical piece, subtitled, available in Spanish, English and Portuguese for health personnel and families around the world.

References

Castiblanco, N et al. Guía de cuidado de enfermería en adaptación canguro, EBE. SDS. 2015.