

## **P 23. BREASTFEEDING PRETERM INFANTS IN NINE STEPS Yvonne Kasim**

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For mothers who had premature delivery is it common to start with pumping the milk.

Good equipment of present makes it not frequently occurs that there isn't enough milk. The employees on the ward have been well trained to recognise problems at milk production rapidly. In case of complicated breastfeeding issues, the lactation consultant can always be asked

In Leiden University Medical Centre in the Netherlands are only 4,5 % of premature born children fully breastfed. In the rest of the country are the numbers equally.

To tackle this problem in our hospital, we made an action plan based on a Swedish instrument developed years ago by Berlith Persson for premature infants learning to drink the breast properly; "the target of nine". The first step is kangaroo care.

The premature infants are rapidly transferred to a regional hospital. To make sure that our "target of nine" succeeds we planned a conference to inform all employees of the hospitals in our area. We received positive responses from the audience about this new manner of approaching breastfeeding of premature infants. With attention to the special needs of preterm infants and support for their mothers, more infants will benefit from breast milk in the NICU and after discharge.