## P 27. INFORMATION TO PARENTS ABOUT SKIN-TOSKIN CONTACT IN THE NICU Ragnhild Maastrup, RN

Knowledge Centre for Breastfeeding Infants with Special Needs, Rigshospitalet, Copenhagen, Denmark

At the Neonatal Intensive Care Unit at Rigshospitalet in Copenhagen, Denmark, we are making efforts to enhance the length and frequency of skin-to-skin contact with all neonates – also the extremely low birth weight infants.

Among other things we made a pamphlet to parents with many photos to support the written information.

The pamphlet shortly describes

What is skin-to-skin contact Advantages of skin-to-skin contact Nearly all infants can receive skin-to-skin contact with their parents The parents will become specialists in reading their infants signals

**Key words:** Skin-to-skin contact, extremely low birth weight infants, intensive care