**Group work on enablers and barriers, 14 November 2016**

Italy, Sweden, Finland, USA, Slovenia, Canada, Turkey, France

60% nurses, 1 mother!

Strong training & research background

Barriers:

* Resistance of (lack of interest by) health professionals
* Barriers for mothers (knowledge, safety concern, tiredness)

Strategies:

1. Include KMC in family centered developmental care
2. (start from prenatal and delivery skin to skin)
3. include in guidelines (hospital, professional associations)
4. include in curricular training
5. role of parents associations in peer counselling
6. informed choice for parents
7. importance of discharge-follow-up