

“TOOLS FOR THE CARE OF THE HOSPITALIZED PRETERM INFANT WITH FAMILY SUPPORT”

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**On behalf of the kangaroo foundation
research team.**

BACKGROUND



- ✚ Having a preterm baby is a stressful experience.
- ✚ It is important to involve the family all the time during the hospitalization of the preterm baby to guarantee their empowerment

OBJECTIVE

To describe the successful experience of parents-centered care for preterm babies in one neonatal intensive care unit and to provide tools for the hospital adaptation to the KMC method.



PURPOSE

To report on the best tools that we have identified for the parents' hospital adaptation to the KMC program aiming at a more humane care:

- ✚ Guarantee proper and clear information to the parents.
- ✚ Emotional support.
- ✚ Open the newborn unit 24/7 for the families.
- ✚ Ongoing training in preterm care from admission to discharge for parents' empowerment.
- ✚ Talks and workshops for parents.
- ✚ Check list for safe discharge.



HOSPITAL KANGAROO ADAPTATION WHERE?



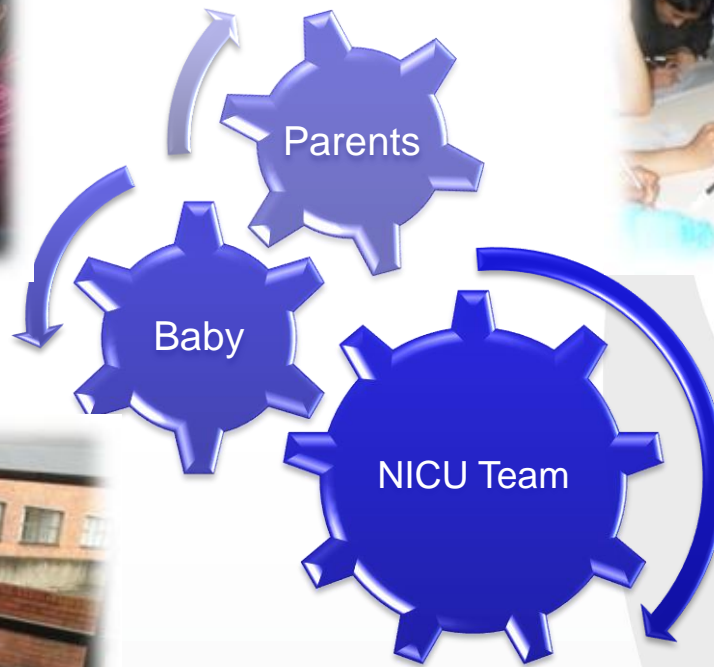
- + Intensive Care.
- + Intermediate and Basic Care
- + Delivery Room



EDUCATION



Individual and Collective Education





Skin to Skin Contact in the Hospital



Newborn "alone"

Restricted visits for parents

Opened 24 hours for visits and training

More peace and security

Parents Empowerment



TRAINING PARENTS AND / OR CAREGIVERS



security

autonomy

tranquility



Patient Discharge Criteria

- ✚ Temperature regulation in KP.
- ✚ Treatment finished (except O2).
- ✚ Successful adaptation to the kangaroo position and nutrition in the hospital
- ✚ Appropriate breast feeding and milk expression techniques.
- ✚ Mother's acceptance of KMC method and proper education



Patient Discharge Criteria

- ✚ Family and social support.
- ✚ Proper coordination of suck-swallow-breath.
- ✚ Good weight gain
- ✚ Family commitment to attend the follow-up
- ✚ Existence of an ambulatory Mother Kangaroo Program
- ✚ Once at home , babies should be kept in kangaroo position 24 hours per day



KMC method: Bonding, breast feeding, less infections...



And then, continue to live successful lives with their families!!!

